

## Invitation for webinar on emotional well being



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All Faculty, All Staff, All Students

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Dear Colleagues

Greetings!

As we are dealing with the humanitarian crisis in this Corona Virus pandemic period, there is a need to take extra care of our mental and emotional well-being. I, on behalf of Shoolini University, invite you all for the webinar entitled, "Emotional Well-being during COVID 19 Pandemic." Ms Parul Srivastav, Deputy Director, National Institute of Public Cooperation and Child Development, New Delhi would be sharing her expert views and would be holding an experiential session on emotional well-being.

You are kindly requested to disseminate the information among your fellow mates and students especially.

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You are invited to a Zoom webinar.

When: Jun 11, 2020 11:30 AM India

Topic: Emotional well-being during COVID 19 Pandemic by Ms. Parul Srivastava (Deputy Director- NIPCCD, New Delhi)

In this talk, she would be sharing her expert views and would be conducting an experiential session on emotional well-being.

Please click the link below to join the webinar:

<https://shooliniuniversity.zoom.us/j/97467324027>

Webinar ID: 974 6732 4027

Warm regards