

Organised by
**YOGANANDA CENTRE
FOR THEOLOGY**

In association with
**SCHOOL OF ANCIENT
INDIAN WISDOM AND
YOGA SCIENCE**



SPIRITUALITY

FOR HOLISTIC WELLNESS

DECEMBER | 2022



YOGANANDA CENTRE FOR THEOLOGY

 Shoolini
University



Yogananda Centre for Theology

Shoolini University, Solan-Oachghat-Kumarhatti Highway, Bajhol, Himachal Pradesh 173229

Shoolini University

Shoolini University of Biotechnology and Management Sciences (Short name Shoolini University) is located in Kasauli foothills, District Solan, Himachal Pradesh. The University established in 2009 has achieved the top rank among all private universities and 2nd rank among public and private universities in India in the Times Higher Education World University ranking 2022. The secret behind this accomplishment is its world-class education in diverse streams including engineering and technology, basic sciences and environmental studies, pharmaceutical science, legal science, management sciences, and liberal arts, and research achievements in different parameters. Prof. Prem Kumar Khosla, founder, and Chancellor of Shoolini University are always passionate about grooming students to make them world-class leaders and professionals, and good human beings with sociolect-cultural values.

Yogananda Centre for Theology

The Yogananda Centre for Theology is based on the teachings of Sri Paramahansa Yogananda, one of India's greatest emissaries to the West. Paramahansa Yogananda, author of the world-acclaimed spiritual classic, 'Autobiography of a Yogi', and the founder of Self Realization Fellowship/Yogoda Satsanga Society of India. He has been universally recognized as a pioneering and towering spiritual figure. The center has been developed with the thought to provide spiritual teachings and values of life to the students in general and to rejuvenate ancient Indian wisdom in higher education in particular.



Yogananda Centre for Theology

Shoolini University, Solan-0achghat-Kumarhatti Highway, Bajhol, Himachal Pradesh 173229

Yogananda Annual Conference on Spirituality for Holistic Wellness

Yogananda Annual Conference on Spirituality for holistic wellness is a one-day program that brings together scholars, academicians, professionals, researchers, and graduates from different streams. The conference will be organized by the Yogananda Centre for Theology in collaboration with the Department of Ancient Indian Wisdom and School of Yogic Studies, which aims to provide comprehensive learning and offers exposure to different perspectives on this very important aspect of our times and important for the society.

Spirituality is one of the four essential aspects of being human: biological, psychological, social, and spiritual. Our wellness depends upon the integrity of each of these aspects and their balanced interrelationship. In 2015, the United Nations set some sustainable development goals (SDGs) which measure different aspects of the social, economic, and environmental development towards a healthier community across the world. There are a total of 17 goals out of which the UN SDG three is focused on health. While there are many goals with some underlying benefits for health and wellness, the mission statement of the third SDG health goal is "Good health and well-being". Holistic wellness considers the whole individual, including emotional, social, vocational, intellectual, and environmental factors - along with physical wellness. In many of the categories that constitute the holistic wellness concept, spirituality plays an important role. For some people, spirituality can refer to religion, but it also can take shape as personal growth that includes finding meaning in life, living by a code of personal ethics, and creating joy for oneself and others. Spiritual wellness helps enhance the connection between the mind and the body. Holistic wellness with spirituality strives to bring a person's mind, body, environment, and spirit into balance. With the assistance of our distinguished professionals from various institutions, the goal of this conference is to concentrate the attention of academics on understanding the role of spirituality in holistic wellness and sustainability.



[Scan or Click to Register.](#)



Yogananda Centre for Theology

Shoolini University, Solan-0achghat-Kumarhatti Highway, Bajhol, Himachal Pradesh 173229



Prof. Prem Kumar Khosla
Founder and Chancellor, SU and Patron, YCT

An internationally renowned academician with a post-doctorate in genetics from Oxford University, UK, Prof. Khosla has added a new dimension to higher education and research in Indian universities. He has served as Vice-Chancellor, HPAU, Palampur (HP), Shoolini University, Solan. As Senior Scientific Advisor to the government of Himachal Pradesh, he has been responsible for guiding its biotechnology policy. Along with it, he is a spiritual practitioner for the last 30 years as a Kriyaban.

Prof. Atul Khosla
Vice Chancellor, SU

Professor/Management Sciences & Liberal Arts. Atul Khosla has led multiple new initiatives, including founding Everest Group's businesses in India and Asia in 2003-2006 and helping build a-connect ag. into a global consulting business in Switzerland. In India, Atul founded Oliver Wyman's India business. He has recently co-founded AADDOO - an Edutech start-up based out of Chandigarh, India. Atul is a B.Tech from the IIT Kanpur and MBA from JBIMS, Mumbai.



Shri Vivek Atray
Ex IAS & Chairman, YCT

He is one of India's most renowned Motivational Speakers, a Best-Selling Author, a Columnist, a Visiting Professor, and a Mentor. He has several TEDx Talks and dozens of other Talks, available on YouTube. He addresses corporate organizations, government officers, academia, and students on the Nuances of Leadership, Good Governance, Emotional Intelligence, Life Skills, People Skills, Public Speaking Skills, Meditation, Mindfulness, Handling Pressure, Overthinking, Calmness, Entrepreneurship, Education & Sports.





Yogananda Centre for Theology

Shoolini University, Solan-Oachghat-Kumarhatti Highway, Bajhol, Himachal Pradesh 173229

OUR ESTEEMED SPEAKERS:



Swami Smaranananda Giri
General Secretary of Yogoda Satsanga
Society of India, Ranchi



Swami Bramhamurti
Founder & Chairman, Dhyana Yoga Ashram
& Ayurveda research Centre, Kathni,
Solan, H.P.



Arvinder Singh
Businessman



Prof. Sushim Dubey
HOD, Philosophy, Nava Nalanda
Mahavihara, Ministry of Culture (India)



Yogananda Centre for Theology

Shoolini University, Solan-Oachghat-Kumarhatti Highway, Bajhol, Himachal Pradesh 173229

EVENT SCHEDULE:



10 : 00 AM

Registration

10 : 30 AM to 11 : 00 AM

Inaugural and Keynote Session

11 : 00 AM to 11 : 45 AM

First Panel Discussion

11 : 45 AM to 12 : 15 PM

Tea/ Coffee Break

12 : 15 PM to 01 : 00 PM

Second Panel Discussion

01 : 00 PM to 01 : 45 PM

Valedictory and Closing Ceremony

01 : 45 PM

Lunch



Yogananda Centre for Theology

Shoolini University, Solan-Oachghat-Kumarhatti Highway, Bajhol, Himachal Pradesh 173229

ORGANIZING COMMITTEE MEMBERS:



Dr. Supriya Srivastava
Coordinator, Yogananda Centre for
Theology



Dr. Subodh Saurabh
HOS, Ancient Indian Wisdom & Yoga
Science



Dr. Amita Sharma
Cultural Activities In-charge,
Yogananda Centre for Theology



Mr. Saurabh Aggarwal
Tour and Travel-in-charge,
Yogananda Centre for Theology



Dr. Lalit Sharma
Social Media in-charge,
Yogananda Centre for Theology



Er. Gulshan Gautam
Social Media in-charge,
Yogananda Centre for Theology






What you seek is seeking you.

Yogananda Centre For Theology

*Shoolini University, Bajhol,
Solan-Oachghat-Kumarhatti Highway, Solan,
Himachal Pradesh, 173212*

 yoganandacentrefortheology@shooliniuniversity.com

Let's get social!

 [/yoganandacentrefortheology](#)

 [/yoganandacentrefortheology](#)

 [/yoganandacentrefortheology](#)

 [/yoganandacentrefortheology](#)

