

Common Yoga Protocol at Shoolini Premises

Subodh Saurabh <subodhsaurabh@shooliniuniversity.com>

Fri 19-03-2021 17:50

To: Prem Kumar Khosla <chancellor@shooliniuniversity.com>; Atul Khosla <vc@shooliniuniversity.com>; Registrar <registrar@shooliniuniversity.com>; Director Operations <dirops@shooliniuniversity.com>

Cc: All Faculty <faculty.all@shooliniuniversity.com>; All Students <allstudents@shooliniuniversity.com>

Dear All,

It is to inform you that School of Yoga is going to start a **Common Yoga Protocol session on every Saturday morning** from 20th March 2021 onwards. It will be a Yoga preparatory session for beginner Yoga practitioners.

Common Yoga Protocol
Every Saturday Morning
Timing: 07:00 to 08:00 AM.
Venue: Open Air Theater (OAT)

Anyone can join class will happened physically not online.

Ms. Deepshikha Thakur, Mr. Apaar Kaushik, Mr. Satish and Mr. Rajesh Ji will be faculty for this program.

Thanks & Regards,
Dr. Subodh Saurabh Singh,
School of Yoga
Shoolini University



[Click here to visit us @facebook](#) | [@Instagram](#) | [@LinkedIn](#) | [@YouTube](#) | www.shooliniuniversity.com

This message contains confidential information and is intended only for the individual(s) addressed in the message. If you are not the named addressee, you should not disseminate, distribute, or copy this e-mail. If you are not the intended recipient, you are notified that disclosing, distributing, or copying this e-mail is strictly prohibited.

Only print this mail if absolutely necessary. Save Trees